

# Shelter in Place

- Listen to make sure that you are in the area that is being asked to shelter.
- Take visiting friends, pets and/or fellow workers immediately indoors.
- Close and lock all windows and doors. Locking makes a better seal.
- Shut off heating / air-conditioning systems and fans that draw air from the outside. Close vents.
- If you have a fireplace, put out the fire and close the damper.
- Go to the room you have chosen as your shelter. Bring your Tone Alert Radio, a portable AM/FM radio, shelter kit, and enough food and water for a few hours, into this room
- Shut and seal the door to the rest of the house with plastic and duct tape. Put duct tape on electrical outlets and vents. Use duct tape and plastic to cover any windows.
  - *NOTE: You will not run out of air in a shelter room. Sealing the room just slows the flow of air from the outside, protecting you longer from possible exposure.*
- Listen for further information / emergency instructions provided over your Tone Alert Radio or these Emergency Alert System radio stations:
  - In Oregon – 107.7 FM (KUMA)
  - In Washington – 105.3 FM or 610 AM (KONA)
- Stay in your shelter room until you are told to leave.
- Listen for instructions to "ventilate", open doors and windows to air out your house.
- Stay off the phone. It should be used for emergency calls only.
- Be prepared to evacuate if ordered to do so. Evacuation instructions will be announced over the Emergency Alert System and your Tone Alert Radio.